



उत्तराखण्ड शासन

Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 10-06-2021

Health Bulletin

Time: 6:00PM

देरी कभी भी घातक हो सकती है..

अगर आँक्सीजन का स्तर **94** से कम आता है तब हमारे हैल्प लाईन नम्बरस **104** व ई संजीवनी एप के माध्यम से ऑनलाईन रजिस्टर करके जल्दी डाक्टरी सलाह प्राप्त करें या स्वयं को किसी अस्पताल में भर्ती करवायें...



दवाई भी.. कड़ाई भी



सरकार ही बचाव है!

लैक फंगस का खतरा कोरोना मरीजों को रिकवरी के बाद भी हो सकता है जब इम्यूनिटी बेहद कमजोर होती है.. तब इनके लक्षणों को नजरअंदाज न करें



कोरोना से ठीक होने के 20-30 दिनों के भीतर कुछ लोगों में म्यूक्रमाइकोसिस यानी लैक फंगस के लक्षण जैसे नाक के पास लालिमा, घेरे पर एक तरफा सूजन, वृखार, सिर दर्द, सांस लेने में तकलीफ या दर्द, खून की उल्लंघन अथवा मानसिक स्थिति में बदलाव की स्थितियां आ सकती हैं।



हमारे हैल्प लाईन नम्बरस **104** व ई संजीवनी एप के माध्यम से ऑनलाईन रजिस्टर करके जल्दी डाक्टरी सलाह प्राप्त करें यदि आपको डायबिटीज है या उपचार हेतु अस्पताल में भर्ती होना पड़ा हो, स्ट्रॉयड दवाईयां या आँक्सीजन थेरेपी ली हो अथवा आईसीयू में भर्ती हो रहे हो, किंडनी या कैंसर रोग का उपचार ले रहे हों, तो आप अधिक सतर्क रहें...

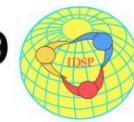


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ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त इलाज के लिये आपके ही मोबाईल पर सेवा में तत्पर है ..

मोबाईल या डेस्कटॉप कम्प्यूटर पर रोगी को उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित रूप में रोगी **pdf** फाईल के फारमेट में डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कॉन करके भी डाउनलोड कर सकते हैं
www.esanjeevaniopd.in/Register

eSanjeevaniOPD
STAY HOME OPD



होम आईसोलेशन में कोविड मरीज की देवभाल के दौरान संक्रमण के खतरे से सावधानी बरतें



मरीज को उसके कमरे के बाहर ही एक टेबल पर रख कर भोजन पहुँचायें,
मरीज के सीधे सम्पर्क में बिल्कुल न आयें, डिस्पोजेबल बर्टन इत्यादि का प्रयोग करें,

या बर्टनों को अलग रखें उनको धोने में सावधानी बरतते हुये गलबस का प्रयोग करें
उन बर्टनों को अन्य लोग इस्तेमाल न करें,

कोविड संक्रमित रोगी द्वारा उपयोग की गयी किसी भी चीज के सम्पर्क में न आयें..

मरीज के कपड़े इत्यादि को धोने से पूर्व तेज गर्म पानी 60–90 डिग्री से 0 और डिटॉन्ट का प्रयोग करते हुये पहले आधे घन्टे तक भिगो कर रखें तथा तेज धूप में सावधानी पूर्वक सुखायें,

मरीज के अन्य उपयोग में लाये गये थेस्ट को फैँकने से पहले विसंक्रमित करें,
इस हेतु सोडियम हाइपोक्लोराइट की सही मात्रा का प्रयोग करें।



दवाई भी.. कड़ाई भी
मिन्दरी मीरोरी, कोविड राखेगा..





उत्तराखण्ड शासन

Uttarakhand State Control Room COVID-19

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भीड़ भाड़ से बचें ! आवश्यक होने पर ही यात्रा करें



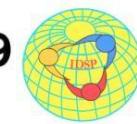
कोविड कफ्यू में ढील का मतलब यह नहीं कि सारी हदें पार कर जायें !!





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कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर विलक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedssummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register <u>Download app:</u> https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home%20Isolation%20booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-corona-virus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

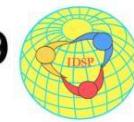
Landline No. 0135-2656202 and Mobile: 9412029536



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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 10-06-2021

Health Bulletin

Time: 6:00PM

Positive Today: **388**Recovered Today: **3242**Death Today: **15**Active Cases: **6641**Sample Positivity: **6.66%**Recovery Percentage: **94.27%**

1.	Total cumulative Positive COVID-19 detected:	335866
2.	Total Number (%) of COVID-19 Patients Treated/ Cured:	316621 (94.27%)
3.	Total Number (%) of COVID-19 patients migrated out of state:	5726# (1.70%)
4.	Total Number (%) of COVID-19 Deaths:	6878* (2.05%)
5.	Number of samples found negative for COVID-19 today:	17872
6.	Total number of samples sent for COVID-19 testing today:	25538
7.	Total number of cumulative samples found negative:	4710735
8.	Total number of samples result awaited:	15364

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

#Data reconciliation with Districts and ICMR Portal, Govt. of India





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Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	1248	531	144194	24	11712	155906	1578
Bageshwar	751	339	118462	15	5540	124002	587
Chamoli	1269	844	154852	28	11934	166786	602
Champawat	1108	526	142072	14	7301	149373	1165
Dehradun	3943	3580	897371	94	110003	1007374	2181
Haridwar	8180	6250	1478723	56	50460	1529183	2071
Nainital	1296	645	344809	60	38479	383288	1120
Pauri Garhwal	823	327	231145	14	17326	248471	800
Pithoragarh	998	52	130040	14	9657	139697	1247
Rudraprayag	607	445	93933	22	8485	102418	321
Tehri Garhwal	1350	1177	180558	7	15558	196116	1077
US Nagar	2913	2365	601406	30	37316	638722	2105
Uttarkashi	1052	791	193170	10	12095	205265	510
Total	25538	17872	4710735	388	335866	5046601	15364

Details of Districts having Positive COVID-19 Cases

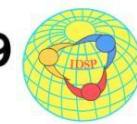
Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	11712	10418	572	137	585
Bageshwar	5540	5147	321	47	25
Chamoli	11934	11303	376	57	198
Champawat	7301	6881	200	53	167
Dehradun	110003	105633	392	3399	579*
Haridwar	50460	47175	1107	927	1251
Nainital	38479	36676	772	904	127
Pauri Garhwal	17326	15252	1108	265	701
Pithoragarh	9657	8853	672	120	12
Rudraprayag	8485	8012	271	78	124
Tehri Garhwal	15558	14192	400	79	887
U.S. Nagar	37316	35638	197	739	742*
Uttarkashi	12095	11441	253	73	328
Total	335866	316621	6641	6878	5726*

*Data reconciliation with Districts and ICMR Portal, Govt. of India



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Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	259
BAGESHWAR	425
CHAMOLI	183
CHAMPAWAT	365
DEHRADUN	168
HARIDWAR	648
NAINITAL	184
PAURI GARHWAL	342
PITHORAGARH	68
RUDRA PRAYAG	29
TEHRI GARHWAL	122
UDAM SINGH NAGAR	364
UTTAR KASHI	85
Total	3242

**सही से मार्फ न पहुंचा॥ बादफ है आपके लिये...
और आपके परिवार के लिये**

COVID-19
Uttarakhand State Control Room

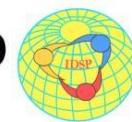


बुखां यारस्क घुँड़नां छापके लिये यात्र छोप्हारिक्का भर हैं...



Uttarakhand State Control Room COVID-19

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Hospital Wise Death

District	Cumulative Deaths	Name of The Hospital	No. of Deaths
Dehradun	3399*(A)	Aarogyadham Hospital, Dehradun	1
		AIIMS Rishikesh, Dehradun	3
		Govt.Doon Medical College, Dehradun	1
Haridwar	927*(B)	Jaya Maxwell Bahadarabad, Haridwar	1
		MH Roorkee, Haridwar	1
Nainital	904	Brijlal Hospital, Nainital	2
		Dr. Susheela Tiwari Govt. Hospital Haldwani, Nainital	1
Tehri Garhwal	79*(C)	-	-
US Nagar	739	JLN DH Rudrapur, US Nagar	1
		Prakash Hospital Kashipur, US Nagar	1
		Sanjeevani Hospital Kashipur, US Nagar	1
		Siddhi Vinayak Hospital, US Nagar	1
		The Medicity Hospital Rudrapur, US Nagar	1
Grand Total			15

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

***(A) DEHRADUN (8):**

AIIMS Rishikesh Hospital (8)- 5 May 2021 (5), 7 May 2021 (2), 9 May 2021 (1)

***(B) HARIDWAR (3):**

Jaya Maxwell Hospital (1)- 25 May 2021 (1)

Swami Ramprakash Charitable Hospital (1)- 5 May 2021 (1)

Yog Mata Pilot Baba Haridwar (1)- 23 May 2021 (1)

***(C) TEHRI GARHWAL (3):**

SDH Narendranagar (3)- 8 May 2021 (1), 20 May 2021 (2)

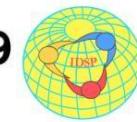


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Mucormycosis Cases and Deaths - Uttarakhand as on 10.06.2021

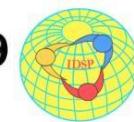
S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
2	Dehradun	City Heart Hospital	1	0	0
		AIIMS Rishikesh	220	38	6
		Max Hospital	10	1	3
		Doon Medical College	19	0	5
		Sri Mahant Indresh Hospital	27	3	10
		HIHT Jolly Grant	34	6	7
		Aarogyadham Hospital	2	0	0
		ONGC Hospital	2	0	0
		Synergy Hospital	2	1	0
		Military Hospital Dehradun	1	0	0
		Suri Diagnostics	1	0	0
3	Nainital	Krishna Hospital, Haldwani	3	1	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	28	4	0
		Tiwari Nursing Home	1	0	0
4	Uttarkashi	District Hospital	2	0	0
5	Haridwar	Military Hospital Roorkee	2	1	0
Total			356	56	31



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Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500



WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 7417162869



PREVENTION IS BETTER THAN CURE
for your own safety



WEAR MASK



QUARANTINE



DISINFECT HANDS

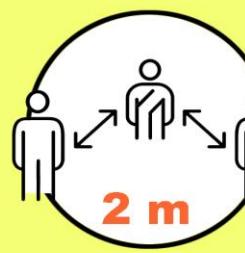
Cover cough and sneeze



NO FACE TOUCH



WEAR GLOVES OUTSIDE



KEEP DISTANCE

COVID-19
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Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

10th June 2021

✿ Sessions Held Today :	467
✿ Number of Beneficiaries Vaccinated Today :	48290
✿ Number of Beneficiaries Partially Vaccinated:	2507684
✿ Number of Beneficiaries Fully Vaccinated:	691360
✿ Total 18-44 years beneficiaries Vaccinated:	434434

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	1,839	133846	36,849	20,346	7	5,939	4,822	134	9,642	3,656
Bageshwar	2,312	62052	23,164	24,026	1	2,444	2,262	1	2,292	1,405
Chamoli	2,425	92478	30,328	24,481	3	3,985	3,704	3	6,450	4,264
Champawat	1,873	56488	14,349	20,712	5	2,213	1,856	98	6,879	3,424
Dehradun	6,860	374006	115,663	80,712	95	36,192	26,457	161	28,341	15,643
Haridwar	8,131	240259	49,174	50,211	11	17,336	11,895	46	48,350	30,034
Nainital	2,681	172378	52,516	40,960	34	13,911	9,995	232	18,279	6,240
Pauri	4,010	141005	36,416	25,282	3	7,795	6,289	9	6,929	3,959
Pithoragarh	3,795	81178	20,199	23,639	2	4,040	3,390	14	8,128	5,078
Rudraprayag	3,007	54615	16,445	25,744	0	2,422	1,956	3	2,646	1,339
Tehri	2,586	112380	32,831	24,970	1	6,150	5,310	4	4,864	3,054
US Nagar	4,059	180904	46,216	49,438	44	12,008	8,126	529	30,317	8,219
Uttarkashi	3,268	75734	38,406	23,913	0	3,437	3,085	4	4,938	3,342
Total	46,846	1777323	512,556	434,434	206	117,872	89,147	1,238	178,055	89,657



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COVID-19

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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Date: 10-06-2021

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	03
BAGESHWAR	0
CHAMOLI	04
CHAMPAWAT	07
DEHRADUN	33
HARIDWAR	17
NAINITAL	0
PAURI GARHWAL	08
PITHORAGARH	0
RUDRA PRAYAG	7
TEHRI GARHWAL	22
UDAM SINGH NAGAR	0
UTTAR KASHI	07
Total	108

**Avoid crowded places
for your own safety**



**avoid close contact
with people**

COVID-19
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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	33	<p>Dehradun (18)</p> <p>1- Pradhanacharya Awas, CST Happy Valley (16-05-2021) 2- Green Valley Housing Rajpur Road (16-05-2021) 3- Gram Tarlanagal (16-05-2021) 4- 49 Mohini Road, Near control shop (16-05-2021) 5- Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) 6- C block , Race Course, Near Banshilal Shop (16-05-2021) 7- 219- Rajpur Road (16-05-2021) 8- Vijay Colony Hathibarkala (16-05-2021) 9- Laxman puri, LandourCant (15-05-2021) 10- Tunwala (Raipur Tunwala Marg) (15-05-2021) 11- PaschamiPatelnagar, Dehrakhas (15-05-2021) 12- Christian Village Center George School Barloganj (16-05-2021) 13- Hathibarkala, New Cantt Road (17-05-2021) 14- Kehri Gaon, Thakurpur Road (18-05-2021) 15- KaleshwarVihar ,AamwalaTarla (29-05-2021) 16- KaramchariAwas DLF Basi Estate (29-05-2021) 17- Kuladi (31-05-2021) 18- Sunny Lodge Estate, kigrain Picture Palace Marg (01-06-2021)</p> <p>Chakrata (01)</p> <p>1- Gram Meharwala (24-05-2021)</p> <p>Vikas Nagar (04)</p> <p>1- Gram Chotuwaala m Badamwala (16-05-2021) 2- Ward No-13, Gram Nawabgarh Majra Chiranjpur Amar Vihar(17-05-2021) 3- Moja Dumet (18-05-2021) 4- Atakfarm Majra Kanchiwala (07-06-2021)</p> <p>Kalsi (3)</p> <p>1- Gram Datunu khat SiliGothan (16-05-2021) 2- Gram Haripur (Near Yamuna River) (16-05-2021) 3- Gram Dhara Khadar (17-05-2021)</p> <p>Tyuni (07)</p> <p>1- Gram MandrathKheda(19-05-2021) 2- Gram Mandrath (22-05-2021) 3- Gram Baghi (21-05-2021) 4- Gram Ragi (24-05-2021) 5- Gram Shediya (24-05-2021) 6- Gram Chausal I (24-05-2021) 7- Gram Chausal II (24-05-2021)</p>
2	Haridwar	17	<p>Laksar (07)</p> <p>1- Gram Khanpur, Brhampur (17-05-2021) 2- Gram Alwalpur (18-05-2021) 3- Gram Lalbandawa, Ward No-02 (20-05-2021) 4- Ward No.09 Padowali (22-05-2021) 5- Gram Kalsiya, Ward No-11 (24-05-2021) 6- Gram Kabulpuri, Raighati (25-05-2021) 7- Gram Sherpubela (26-05-2021)</p> <p>Roorkee (10)</p> <p>1- Gram Thaska Pargana Mangalore (15-05-2021) 2- Gram Libarhedi, Pargana Mangalore (18-05-2021) 3- Gram Makanpur Devpur Pargana Bhagwanpur (21-05-2021) 4- ShyamnagarGali No-03, Sunhara (21-05-2021) 5- Gram Daulatpur Pargana (22-05-2021) 6- Gram Thaska Pargana Mangalore (23-05-2021) 7- H.NO. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021) 8- Gram Bhori Pargana (25-05-2021) 9- Gram NasirpurAfzalpur Pargana, Mangalore (02-06-2021) 10- Gram Dhanori (03-06-2021)</p>
3	Pauri	08	<p>Lansdowne (03)</p> <p>1- Gram Jyual Gaon (15-05-2021) 2- Gram Dewrari (15-05-2021) 3- Gram Bagankhola (22-05-2021)</p> <p>Yamkeshwar (02)</p> <p>1- Gram Sirasu (19-05-2021) 2- Gram NandMalla (19-05-2021)</p> <p>Srinagar (02)</p> <p>1- Gram Ghad Basalyu patti chalansayu (22-05-2021) 2- Gram Suralgaon Patti Chalansayu (24-05-2021)</p> <p>Pauri (01)</p> <p>1- Gram Dadhogi (17-05-2021)</p>



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4	Uttarkashi	07	<p>Bhatwari (02)</p> <p>1- Gram Silla Patti, NaldKathur (24-05-2021) 2- Gram Belatipari, Patti NaldKathud (27-05-2021)</p> <p>Purola (01)</p> <p>1- Gram Dhoni (09-05-2021)</p> <p>Chinyalisaur (01)</p> <p>1- Gram New Khalsi Patti Dashagi (09-05-2021)</p>	<p>Barkot (02)</p> <p>1- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 2- Gram Kawadi (09-05-2021)</p> <p>Mori (01)</p> <p>1- Badau (31-05-2021)</p>
			<p>Champawat (06)</p> <p>1- Narsingh Danda (19-05-2021) 2- Chauradumkhuri (19-05-2021) 3- Gram Adi Dubchoda (27-05-2021) 4- Gram diguoli (27-05-2021) 5- Gram Bungakhyali (27-05-2021) 6- Gram Chaudkhyali (27-05-2021)</p> <p>Tanakpur (01)</p> <p>1- Nayakgoath (11-05-2021)</p>	
			<p>Chamoli (01)</p> <p>1- Nagar Panchayat, Pipalkoti Ward No-02, Agthala, Kisan Nagar (27-05-2021)</p>	<p>Joshimath (03)</p> <p>1- Hanumanchatti (18-05-2021) 2- Singdarke khadhar Tok (18-05-2021) 3- Gram RanniPalli (21-05-2021)</p>
			<p>Devprayag (03)</p> <p>1- Gram Palethi 2- Gram Kunadi 3- Gram Arota</p> <p>Narendranagar (01)</p> <p>1- Gram Basoi</p> <p>Jakhnidhar (06)</p> <p>1- Gram Ganwali Patti Khas 2- Gram Ratoli Patti Khas 3- Gram Sandhana Kot 4- Gram Dobb Nauli 5- Gram Jagdhar 6- Gram Kolakandi</p>	<p>Kirti Nagar (10)</p> <p>1- Gram Dhati 2- Gram Sabha Devgadi 3- Gram Jakhand 4- Gram Bhagwan 5- Gram Maletha 6- Gram Nandi 7- Gram Pandula 8- Gram Muthadgaon 9- Gram Dharkot 10- Gram Panchayat Badola , Gram Urman</p> <p>Tehri Gharwal (02)</p> <p>1- Gram Manda 2- Gram Jugad Gaon</p>
8	Rudraprayag	07	<p>Ukhimath (07)</p> <p>1- Gram Sabha Jalai (21-05-2021) 2- Gram Sabha Ghad (21-05-2021) 3- Gram Sabha Sari (21-05-2021) 4- Gram Sabha DaulaKanyasBhatwarisunhar (21-05-2021) 5- Gram Sabha Sitapur (21-05-2021) 6- Gram Sabha khumera (24-05-2021) 7- Gram Sabha Pav – Jagpuda (24-05-2021)</p>	
9	Almora	03	<p>Almora (01)</p> <p>1- Gram Gadhali (24-05-2021)</p> <p>Dwarahat (01)</p> <p>1- Gram Ghanoli (03-06-2021)</p> <p>Syaldey (01)</p> <p>1- Gram Bharsoli Vikas Khand Syaldey (25-05-2021)</p>	
	Total	108		